

Lafond & Tambini, DMD, PA

*Oral & Maxillofacial Surgery*

843-851-0104

**Surgery Day:**

Place gauze over surgical site(s) and bite firmly for 30 minutes. **Change gauze every 30 minutes for 2 HOURS ONLY! \***

If HEAVY bleeding continues after 2 hours, call office. Oozing is normal and will be for the next 24-36 hours.

Drink plenty of fluids. Avoid hot liquids or food. Soft foods and liquids should be eaten the day of surgery. Return to normal diet as soon as possible.

Take prescribed medications as directed.

Apply an ice pack externally over face the first 24 hours to reduce swelling.

Do not brush your teeth today. No mouth wash products for 7 days.

No smoking/vaping/dipping, No spitting, No straws (use a spoon)

Numbness can last up to 8 hours. Do not bite or chew your lips, cheeks, or tongue. Do not use your tongue to feel surgical sites or open mouth to view surgical sites.

If you have been sedated (asleep), DO NOT DRIVE or operate heavy machinery for 24 hours and/or while on pain medication.

**Day After Surgery thru Day 7:**

Rinse with warm salt water six times per day especially after eating. **DO NOT SPIT**. Begin to brush your teeth. **DO NOT** use a syringe or water pik.

Stop using ice and convert over to a moist heat therapy on the outside of your face.

Resorbable stitches are used in most cases and will dissolve within 7-10 days or fall out on their own the first couple of days.

If you feel sharp edges or something hard in the surgical areas, leave it alone this is a Bone Spur. If continues after 4 weeks, please call office.

**Increase in pain, mild swelling & skin discoloration may occur on the following days:**

**Sunday    Monday    Tuesday    Wednesday    Thursday    Friday    Saturday**

Please keep any follow up appointments that may be scheduled.

Should you have any difficulty swallowing or breathing or heavy bleeding, stop taking all medications and seek medical attention from the nearest facility (Emergency Room).

Please call 843-851-0104 only. Thank you for allowing us to care for your dental needs.